

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

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Maldon & District C.C.
Open 50 Miles Time Trial
Sunday 2nd June 2024
7.00am

A qualifying event for:
BRITISH BEST ALL ROUNDER
SPOCO SE

Course:E21/50

Event Secretary:

David Dodsworth
120 Beehive Lane
Chelmsford
Essex
CM2 9SH
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Timekeepers:

John Cottey
Trevor Pedley

*******RACE HEADQUARTERS ****

Latchingdon Village Hall
Village Hall, Burnham Road
Latchingdon, Essex
CM3 6EU
What3words : holly.firm.newlywed

Prizes:

Group A:	1 st £15	2 nd £10
Group B:	1 st £15	2 nd £10
Female	1 st £15	2 nd £10
Road bike	1 st £15	2 nd £10
Team prize	£5 each	

Course Description:

Start by manhole cover in road 40 yards West of letter box near "Huntsman and Hounds" PH, Green lane, Althorne. Proceed east to Asheldham, where bear LEFT (M) onto B1021. Continue via Tillingham to Bradwell "Queens Head". Turn LEFT (M) and continue via Steeple and Mayland to Latchingdon Church mini-roundabout. Turn LEFT(M) onto B1018 towards Althorne, after 1.4 miles bear LEFT (M) into Green Lane to complete one circuit. (18M). Repeat circuit (36.01M). Then carry on again around circuit and FINISH East end of layby, just east of Mayland about 100 yards east of Mayland sign.

NOTES

Event HQ is back at Latchingdon Village Hall.

The course is basically 2.66 laps of an 18 mile circuit and is mostly flat with one short sharp (12%) 200m climb to be negotiated 3 times (at approx. 1.5, 19.5 and 37.5 miles).

Directions to the start from the hall

Turn right out of the village hall, you are now on the course.

Follow the road for approx. 1.3 miles.

As the road turns sharp right take the left to go straight on and you are at the start.

The start is approximately 1.3 miles from the HQ, so please allow plenty of time to get there.

At the start, please observe below mentioned local regulation regarding u-turns. Riders starting towards the end of the field need to be aware that early riders will be completing their first lap and passing through the start area while they are still awaiting their start. If waiting for your start, please queue in single file.

The finish is approximately 2.7 miles from the hall. Continue through the finish and follow the circuit back to the HQ.

Course Condition

- **The course is in reasonable condition but there are a few potholes and bumps to watch out for. Keep your head up!**
- **Particularly bad potholes in Tillingham village.**
- **Tillingham and Steeple Villages - Riders please be aware that both villages (especially Tillingham) have parked vehicles on both sides of the road, as well as several hidden entrances and exits on both sides of the road.**

The following local regulations are in place:

4.8.2 No U turns within sight of the start and finish areas. Any riders carrying out the dangerous manoeuvres are liable for “disqualification from the event and further disciplinary action from the district committee.”

4.8.3 Body numbers will be at the event HQ.

4.8.4 In respect of consideration for local residents’ static trainers (e.g. turbo trainers) are banned from morning events held in the L.E. District.

4.8.5 Riders are reminded that dropping litter (such as energy/gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the district committee.

SIGNING IN/OUT SHEET WILL BE AT THE EVENT HQ.

PLEASE REMEMBER TO SIGN OUT.

Live Results

I will be trying to use the online resultsheet <https://resultsheet.co.uk/> for live results.

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078..

It is MANDATORY that a working FRONT & REAR lights, either flashing or constant, are fitted to the machine in a position visible to following road users and are active whilst the machine is in use.

ADDITIONAL CONSIDERATIONS FOR COVID-19

IT IS IMPORTANT THAT YOU READ THIS FOR YOURS AND OTHERS SAFETY

- Competitors should not attend if they feel ill in ANY way especially if they or family members have any symptoms.
- Competitors please note that an elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case.

Course records:

Solo Male

1:44:12

Colin Ward

01-Jul-18 | southend whs (spoco se)

Solo Female

2:04:44

Lauren Kirchel

02-Jun-19 | Maldon & Dist CC (SPOCO SE)

Solo Male (Junior)

2:06:42

Daniel Lord

02-Jun-19 | Maldon & Dist CC (SPOCO SE)

Solo Female (Junior)

2:32:15

Katie-Ann Elliston

01-Jul-18 | southend whs (spoco se)

No.	Start	Name		Machine	club	Gender	Catagory	Group
1	07:01	Colin	White	TT Bike	Colchester Rovers CC	Male	Veteran	B
2	07:02	Victoria	Connelly	TT Bike	North Essex Velo	Female	Veteran	B
3	07:03	James	Bromley	TT Bike	Hart Performance Coaching	Male	Veteran	B
4	07:04	Patrick	Claridge	Road Bike	Chelmer CC	Male	Veteran	B
5	07:05	Mike	Debney	Road Bike	Verulam Really Moving	Male	Veteran	A
6	07:06	George	Wakefield	TT Bike	Maldon & District CC	Male	Senior	A
7	07:07	Philip	Hodey	TT Bike	Shaftesbury CC	Male	Veteran	A
8	07:08	Jan	Harvey	TT Bike	Southend Wheelers	Female	Veteran	B
9	07:09	Chris	Connelly	TT Bike	North Essex Velo	Male	Veteran	B
10	07:10	Nicholas	Knight	TT Bike	Hart Performance Coaching	Male	Veteran	A
11	07:11	Richard	Mellor	TT Bike	Team Bottrill	Male	Veteran	A
12	07:12	Marc	Brant	Road Bike	Basildon CC	Male	Veteran	B
13	07:13	Ramsey	Kechacha	TT Bike	Shaftesbury CC	Male	Senior	B
14	07:14	Paulina	Mozal	Road Bike	Chelmer CC	Female	Senior	B
15	07:15	Dan	Jenkins	TT Bike	Hart Performance Coaching	Male	Veteran	A
16	07:16	Richard	Parrotte	TT Bike	Shaftesbury CC	Male	Veteran	A
17	07:17	Daniel	Price	TT Bike	North Essex Velo	Male	Senior	A
18	07:18	Michael	Stimson	Road Bike	Shaftesbury CC	Male	Senior	B
19	07:19	Phillip	Brant	TT Bike	Southend Wheelers	Male	Veteran	B
20	07:20	Alex	Dowsett	TT Bike	Nopinz	Male	Senior	A
21	07:21	Dean	Lubin	TT Bike	Team Vision Racing - Silverhook	Male	Veteran	A
22	07:22	Graham	Hurrell	TT Bike	Basildon CC	Male	Veteran	A
23	07:23	Panos	Kakoullis	TT Bike	East London Triathletes	Male	Veteran	B
24	07:24	Ian	Damant	TT Bike	Becontree Wheelers CC	Male	Veteran	B
25	07:25	Paul	Turton	TT Bike	Team Vision Racing - Silverhook	Male	Veteran	A
26	07:26	Ian	Braybrook	TT Bike	Basildon CC	Male	Veteran	A
27	07:27	Paul	Ruffy	TT Bike	Eat Plants Not Pigs CC	Male	Veteran	A
28	07:28	Mark	McGee	TT Bike	Maldon & District CC	Male	Veteran	B
29	07:29	Rachel	Halamandres	TT Bike	Basildon CC	Female	Veteran	B
30	07:30	David	Halliday	TT Bike	Team Bottrill	Male	Veteran	A
31	07:31	Robin	Johnson	TT Bike	Brighton Mitre CC	Male	Veteran	B
32	07:32	Adrian	Tovey	TT Bike	Maldon & District CC	Male	Veteran	A
33	07:33	Robert	Jones	TT Bike	Cardiff 100 Miles RCC	Male	Veteran	A
34	07:34	Harry	Moore	TT Bike	Cycling Club Hackney	Male	Veteran	B
35	07:35	Andrew	Turnock	TT Bike	Finsbury Park CC	Male	Veteran	A
36	07:36	Edward	Renwick	TT Bike	Dulwich Paragon CC	Male	Veteran	A
37	07:37	Dominic	Bray	TT Bike	Finsbury Park CC	Male	Veteran	A
38	07:38	Stuart	Day	TT Bike	Crewe Clarion Wheelers	Male	Veteran	A
39	07:39	Peter	Harding	TT Bike	Chelmer CC	Male	Veteran	A